

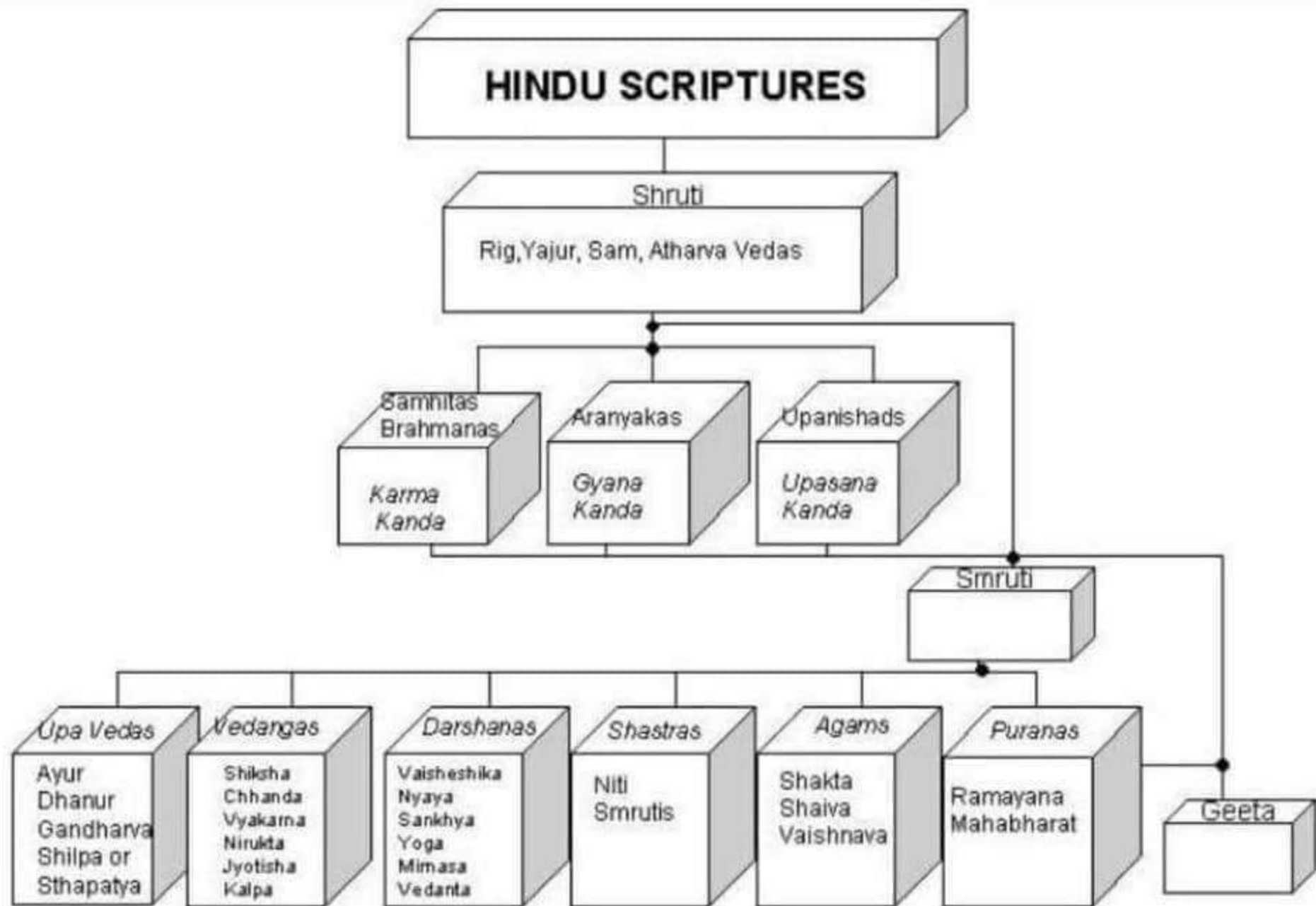
18 Puranas

18 Puranas:

Brahma Purana	10,000 Verses
Padma Purana	55,000 Verses
Vishnu Purana	23,000 Verses
Shiva Purana	24,000 Verses
Bhagavata Purana	18,000 Verses
Narada Purana	25,000 Verses
Markendya Purana	9,000 Verses
Agni Purana	15,400 Verses
Bhavishya Purana	14,500 Verses
Brahmavaivarta Purana	18,000 Verses
Linga Purana	11,000 Verses
Varaha Purana	24,000 Verses
Skanda Purana	81,100 Verses
Vaman Purana	10,000 Verses
Kurma Purana	17,000 Verses
Matsya Purana	14,000 Verses
Garuda Purana	19,000 Verses
Brahmand Purana	<u>12,000 Verses</u>

Total 18 Puranas

400,000 Verses



Building Blocks of Hindu Dharma



KNOW YOUR RELIGION
"HINDUISM"

SRUTIS
Dealing with eternal principles

4 VEDAS

RIG VEDA

YAJUR VEDA

SAMA VEDA

ATHARVA VEDA

UNDER EACH VEDA

KARMA KANDA

GNAANA KANDA

SAMHITAS
(Mantras)

BRAHMANAS
(Ritualistics)

ARANYAKAS
(Contemplative)

UPANISHADS
(Highest Philosophical thoughts)



SMRITIS
Dealing with practical application
of eternal principles

UPA VEDAS

VEDANGAS

VEDA
UPANGAS
(6 DARSHANAS)

DHARMA
SASTRAS

PURANAS

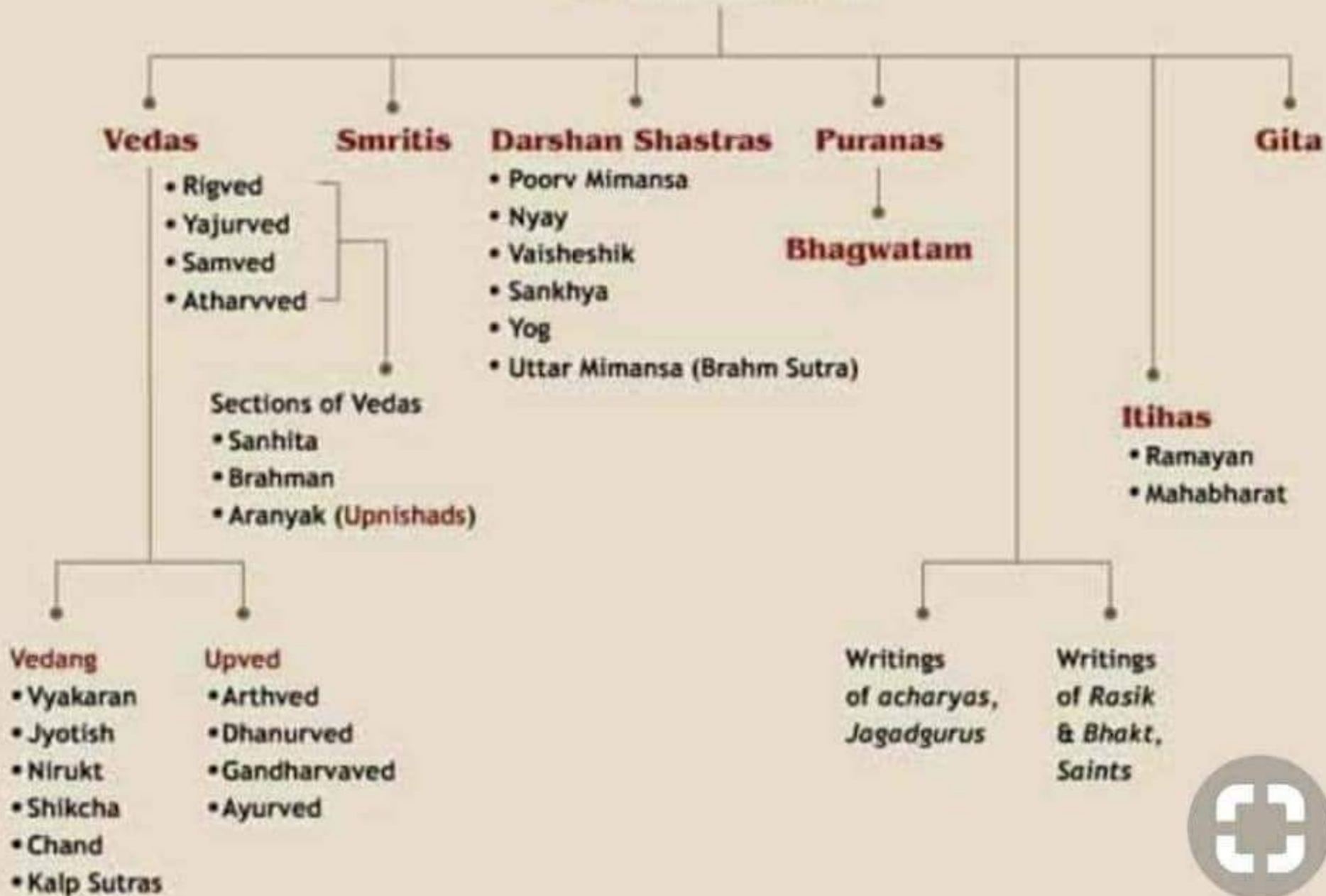
ITIHASAS

18-MAHA PURANAS
46-UPA PURANAS

RAMAYANA
MAHABHARATA

18-DHARMA
SASTRAS
(MANU SMRITI IMPORTANT)

Bhartiya Scriptures



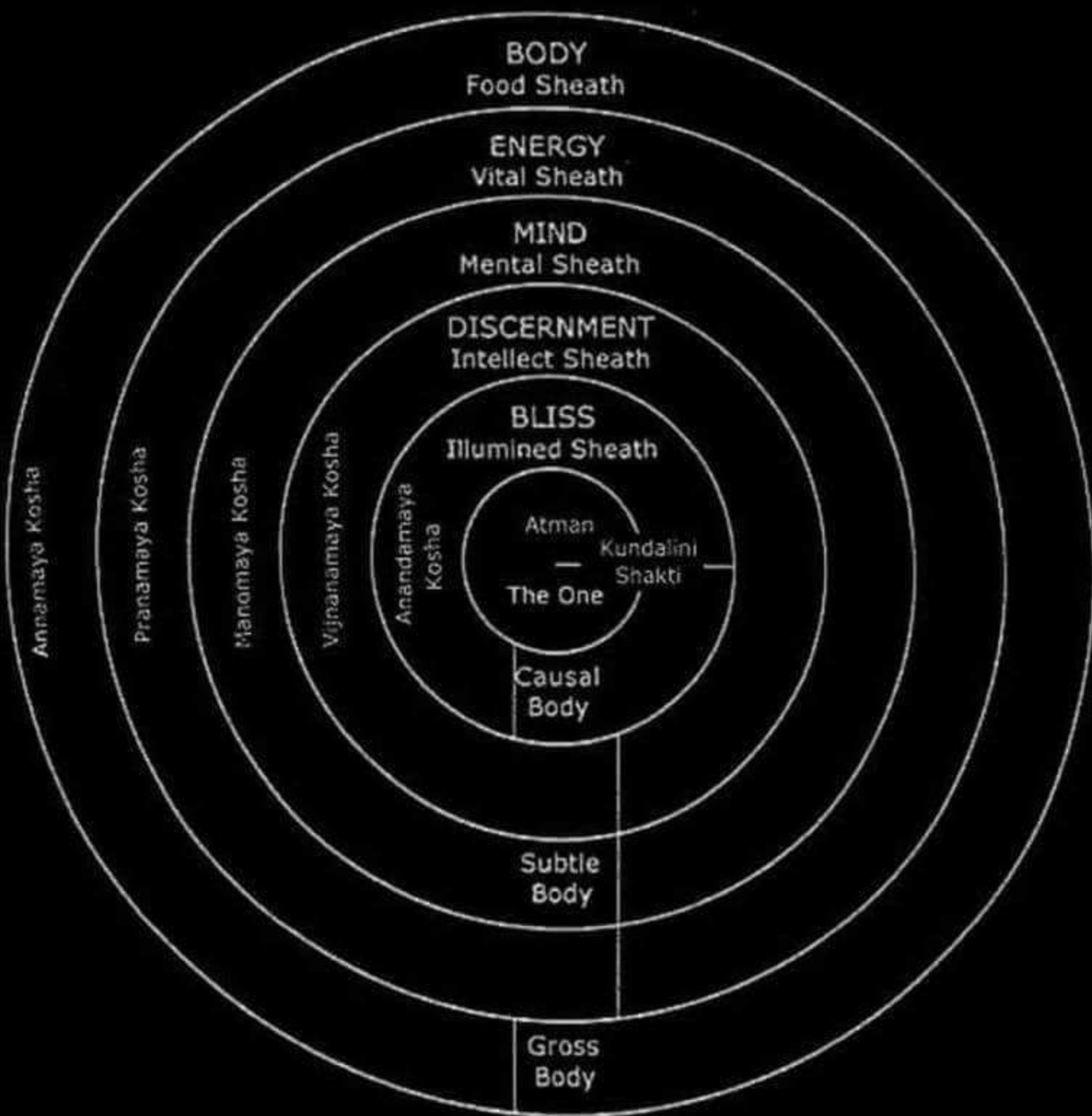
1. 15 MAIN UPANISHADS

1. Īshā Upanishad
2. Kena Upanishad
3. Katha Upanishad
4. Prashna Upanishad
5. Muṇḍaka Upanishad
6. Māṇḍūkya Upanishad
7. Aitareya Upanishad
8. Taittiriya Upanishad
9. Shwetāshwatara Upanishad
10. Chhāndogya Upanishad
11. Bṛihadāraṇyaka Upanishad
12. Kaushitaki-brāhmaṇa Upanishad
13. Jābāla Upanishad
14. Mahānārāyana Upanishad
15. Paiṅgala Upanishad



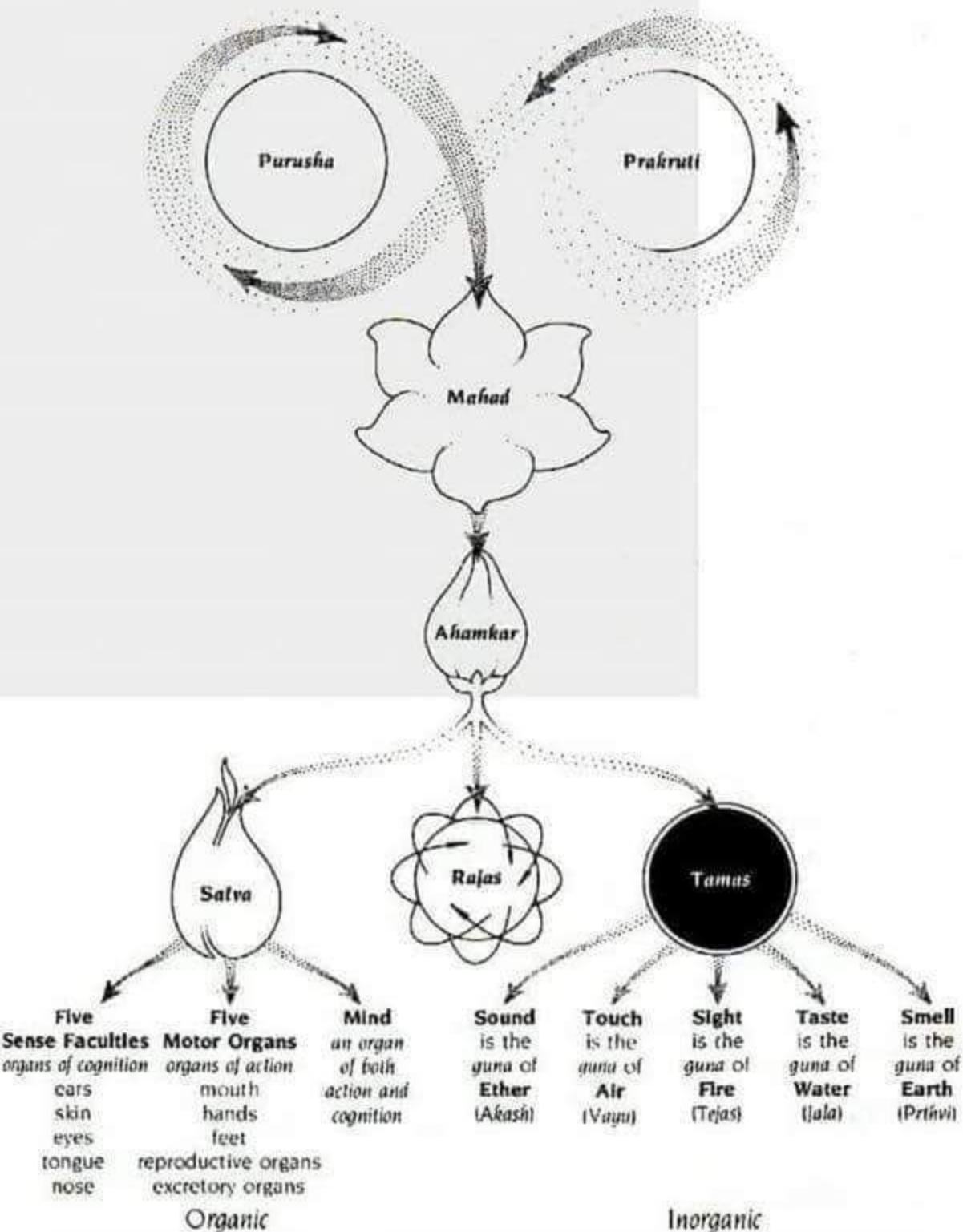
THE KOSHAS

The Five Sheaths of the Human Being



Samkhya Philosophy of Creation

Purusha is unmanifested, formless, passive, beyond attributes, beyond cause and effect, space and time. **Purusha** is Pure Existence. **Prakruti** is the creative force of action, the source of form, manifestation, attributes and nature. **Mahad** is the Cosmic Intelligence or **Buddhi**. **Ahamkar** is ego, the sense of "I am." **Satva** is stability, pure aspect, awakening, essence and light. **Rajas** is dynamic movement. **Tamas** is static. It is potential energy, inertia, darkness, ignorance and matter.



Religious Texts

Shruti

Smriti

Veda

Sutra

Purana

Sanhita
(Mantra)

Ramayana

Manusmriti

Brahmana

Mahabharata

Aranyaka

Upanishad

Shrimad Bhagavad Gita



VEDA = KNOWLEDGE

(Intellectual)

APARAA VIDYA

PARAA VIDYA

(Intuitive)

SECULAR

SACRED

SRUTIS

4 VEDAS

UNDER EACH VEDA

SMRITIS

UPA VEDAS

AYURVEDA
DHANUR VEDA
GANDHARVA VEDA
STAPATYA SASTRA

VEDANGAS

SIKSHA
KALPA
VYAKARNA
CHANDAS
JYOTHISHA
NIRUKTA

VEDA UPANGAS

NYAYA
VAISESHIKA
SANKYA
YOGA
MIMAMSA
VEDANTA

DHARMA SASTRAS

KARMA KANDA

GNAANA KANDA

SAMHITAS

BRAHMANA

ARANYAKAS

UPANISHADS

PURANAS

18-MAHA PURANAS
46-UPA PURANAS

ITIHAASAS

RAMAYANA
MAHABHARATA

18-DHARMA SASTRAS
(MANU SMRITI IMPORTANT)



SMRITIS

UPA VEDAS

KNOW YOUR RELIGION

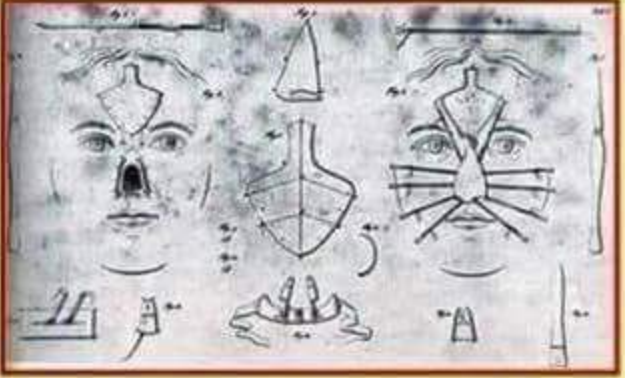
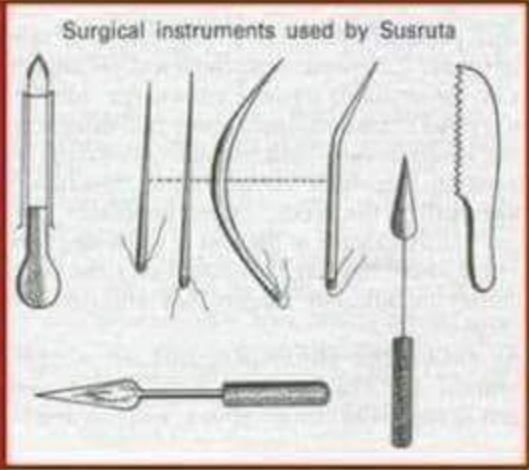
"HINDUISM"

AYURVEDA

Shastra Karma – The art of Surgery

The practice of surgery has been recorded in India around 1500 BCE in the Sushruta-Samhita. Please note that the period of the Father of western medicine Hippocrates was – 460 to 370 BCE. much later than Sushruta. Sushruta who lived in Kasi was one of the many Indian medical practitioners who included Atraya and Charaka. Sushruta was one of the first to study the human anatomy. In the Sushruta Samhita he has described in detail the study of anatomy with the aid of dead bodies. Sushruta's specialisation was "Nose reconstruction surgery" (Rhinoplasty-Plastic surgery) and removal of Cataracts(Ophthalmology) Sushruta has described surgery under eight heads चेष = Chedyā (excision), लेख्या = Lekhya (scarification), वेद्या = Vedhya (puncturing), ईस्या = Esya (exploration), अहर्या = Ahrya (extraction), व्सर्या = Vsraya (evacuation) and शिच्या = Sivya (Suturing).

British physicians travelled to India to see rhinoplasty being performed using native methods; reports on Indian Rhinoplasty were published in the "Gentleman's Magazine in 1794



Nose reconstruction surgery details

by RAVIKONDDA